

## Patient Information Leaflet

### Scheduling status

Schedule 0

### Proprietary name, strength and pharmaceutical form

## Nectadyn Cough syrup

### Read all of this leaflet carefully because it contains important information for you

Nectadyn is available without a doctor's prescription, for you to treat a mild illness. Nevertheless, you still need to use Nectadyn carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Do not share Nectadyn with any other person.
- Ask your pharmacist if you need any more information or advice.
- You must see a doctor if your symptoms worsen or do not improve.

### 1. What Nectadyn contains

Each 100 g contain:

The active ingredients are: Baptista tinctoria D6 4,8 g, Drosera rotundifolia D4 4,8 g, Hydrastis canadensis D6 4,8 g, Ipecacuanha D4 4,8 g, Rumex crispus D4 4,8 g, Sambucus nigra D4 4,8 g. Preservatives: Propylene glycol 0,9 %, Methylhydroxybenzoate 0,08 %, Propylhydroxybenzoate 0,02 %.

### 2. What Nectadyn is used for

Complementary medicine

Pharmacological classification: D33.2 Homeopathy

Discipline of the medicine: Homeopathy

Relief from acute and chronic coughs of all origins e.g. dry cough, expectorant cough, whooping cough, croup.

### 3. Before you take Nectadyn

#### Do not take Nectadyn:

- If you are hypersensitive (allergic) to the active substances or any of the other ingredients of Nectadyn.

### Pregnancy and breastfeeding

If you are pregnant or breastfeeding your baby while taking this medicine, please consult your doctor, pharmacist or other healthcare professional for advice.

### Take special care with Nectadyn:

- If you are a diabetic

You can use Nectadyn but you have to realise that 15 ml of Nectadyn contain an average of 7,2 g of carbohydrates (0,6 BU), 10 ml about 4,8 g of carbohydrates (0,4 BU) and 5 ml about 2,4 g of carbohydrates (0,2 BU).

One BU is 12 g of carbohydrates,

**Taking Nectadyn with food and drink:**

Nectadyn may be added to warm tea or other warm drinks, but not to milk.

**Taking other medicines with Nectadyn:**

If you are taking other medicines on a regular basis, including complementary or traditional medicines, the use of Nectadyn may cause undesirable interactions.

Please consult your doctor, pharmacist or other healthcare professional for advice.

**4. How to take Nectadyn**

Do not share medicines prescribed for you with any other person.

Always take Nectadyn exactly as your doctor has instructed you.

You should check with your doctor or pharmacist if you are unsure.

The usual dose is:

**ACUTE**

Adults: 10-15 ml 3-5 times daily.

Children (3-10 years old): 10 ml 3-5 times daily.

Children (6 months – 3 years old): 5 ml 3-5 times daily.

Babies (0-6 months old): on the advice of a medical practitioner.

**CHRONIC**

Adults: 5 ml 3-5 times daily.

Children (3-10 years old): 2,5 ml 3-5 times daily.

It is recommended to clean the enclosed measuring device after each use.

**If you take more Nectadyn than you should:**

In the event of overdose, consult your doctor or pharmacist. If neither is available, seek help at the nearest hospital or poison control centre.

**If you forget to take Nectadyn:**

Do not take a double dose to make up for forgotten individual doses.

**5. Possible side effects**

Nectadyn can have side effects.

None known.

Not all side effects reported for Nectadyn are included in this leaflet. Should your general health worsen while taking this medicine, please consult your doctor, pharmacist or other healthcare professional for advice.

If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist.

**6. Storing and disposing of Nectadyn**

Keep all medicine out of the reach and sight of children.

- Store in a cool (under 25 °C) place.
- Replace cap tightly.

**7. Presentation of Nectadyn**

125 ml brown bottles PET.

**8. Identification of Nectadyn**

Clear syrup with a taste of honey.

**9. Manufactured in Belgium**

**10. Applicant**

ModHomCo (Pty) Ltd

96, Amsterdam Street, Clubview 0157 Centurion

**11. Date of publication**

May 2018

**This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use.**