

## Patient Information Leaflet

### Scheduling status

Schedule 0

### Proprietary name, strength and pharmaceutical form

## Zeel® T Tablets

### Read all of this leaflet carefully because it contains important information for you

Zeel® T is available without a doctor's prescription, for you to treat a mild illness. Nevertheless you still need to use Zeel® T carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Do not share Zeel® T with any other person.
- Ask your pharmacist if you need more information or advice.
- You must see a doctor if your symptoms worsen or do not improve.

### 1. What Zeel® T contains

1 tablet cont.:

The active substances are:

Cartilago suis D4 0,3 mg; Funiculus umbilicalis suis D4 0,3 mg; Embryo suis D4 0,3 mg; Placenta suis D4 0,3 mg; Toxicodendron quercifolium D2 0,54 mg; Arnica montana D1 0,6 mg; Solanum dulcamara D2 0,15 mg; Symphytum officinale D8 0,15 mg; Sanguinaria canadensis D3 0,45 mg; Sulfur D6 0,54 mg; Nadidum D6 0,03 mg, Coenzymum A D6 0,03 mg; Natrium diethyloxalaceticum D6 0,03 mg; Acidum alpha-liponicum D6 0,03 mg; Acidum silicicum D6 3 mg.

The other ingredients are: Magnesium stearate

One tablet contains approx. 300 mg lactose.

### 2. What Zeel® T is used for

Pharmacological classification: D.33.2. Homeopathy

Discipline of the medicine: Homeopathy.

This medicine is prepared in accordance with homeopathic principles and is proposed for use in arthrosis (in particular gonarthrosis); polyarthrosis, spondylarthrosis, scapulohumeral periartthritis.

### 3. Before you take Zeel® T

#### Do not take Zeel® T:

- if you are hypersensitive (allergic) to
  - the active substances or any of the other ingredients of Zeel® T
  - botanicals of the Compositae family or the genus Rhus of the Anacardiaceae family.
- Zeel® T should be used only in consultation with a physician in cases of active or prior liver disease and/or if used in combination with hepatotoxic drugs.
- Because it contains bloodroot (Sanguinaria canadensis), Zeel® T should not be used during pregnancy and lactation.

### Pregnancy and Breastfeeding

Do not use during pregnancy and lactation (see Do not take Zeel® T).

### Important information about some of the ingredients of Zeel® T:

This preparation contains natural lactose. Although the quantity of lactose present is probably not sufficient to cause discomfort, a health professional should be consulted in strong cases of lactose intolerance.

A temporary aggravation of the existing symptoms is possible after taking a homeopathic preparation.

#### **Taking other medicines with Zeel® T:**

If you are taking other medicines on a regular basis, including complementary or traditional medicines, the use of Zeel® T with these medicines may cause undesirable interactions.

Please consult your doctor, pharmacist or other healthcare professional for advice.

#### **4. How to take Zeel® T**

Do not share medicines prescribed for you with any other person.

Always take Zeel® T exactly as your doctor has instructed you. You should check with your doctor or pharmacist if you are unsure.

The usual dose is:

Adults: In general, 1 tablet to be dissolved in the mouth 3-5 times daily.

#### **If you take more Zeel® T than you should:**

In the event of overdosage, consult your doctor or pharmacist. If neither is available, seek help at the nearest hospital or poison control centre.

#### **If you forget to take Zeel® T:**

Do not take a double dose to make up for forgotten individual doses.

#### **5. Possible side effects**

Zeel® T can have side effects.

During treatment with medications containing sanguinarin, elevated levels of liver enzymes (transaminases) and bilirubin have been observed in individual cases, to the point of drug induced hepatitis and jaundice. These symptoms abated when treatment was discontinued. In very rare cases, gastrointestinal symptoms or skin reactions may appear as late as several days after using the medication.

Not all side effects reported for Zeel® T are included in this leaflet. Should your general health worsen while taking this medicine, please consult your doctor, pharmacist or other healthcare professional for advice.

If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist.

#### **6. Storing and disposing of Zeel® T**

Keep all medicines out of the reach and sight of children.

- Store in a cool (below 25 °C) dry place.
- Close tablet tube immediately after use.

#### **7. Presentation of Zeel® T**

Containers of 50 tablets.

#### **8. Identification of Zeel® T**

White to slightly yellow tablets.

#### **9. Registration number / Reference number**

U 5517 (Act 101/1965).

**10. Name and business address of the holder of the certificate of registration**

ModHomCo (Pty) Ltd  
96 Amsterdam Street  
Clubview, 0157 Centurion

**11. Date of publication**

July 2018

**This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use.**