

Patient information leaflet

Scheduling status

Schedule 0

Proprietary name, strength and pharmaceutical form

Traumeel[®] S Oral Drops

Read all of this leaflet carefully because it contains important information for you

Traumeel[®] S is available without a doctor's prescription, for you to treat a mild illness. Nevertheless you still need to use Traumeel[®] S carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Do not share Traumeel[®] S with any other person.
- Ask your pharmacist if you need more information or advice.
- You must see a doctor if your symptoms worsen or do not improve.

1. What Traumeel[®] S contains

Each 100 ml of solution contain:

The active substances are: Arnica montana D2 5 ml, Calendula officinalis D2 5 ml, Hamamelis virginiana D2 5 ml, Achillea millefolium D3 5 ml, Atropa belladonna D4 25 ml, Aconitum napellus D3 10 ml, Mercurius solubilis Hahnemanni D8 10 ml, Hepar sulfuris D8 10 ml, Chamomilla recutita D3 8 ml, Symphytum officinale D8 8 ml, Bellis perennis D2 2 ml, Echinacea angustifolia D2 2 ml, Echinacea purpurea D2 2 ml, Hypericum perforatum D2 1 ml.

The other ingredient is: Purified water.

Contains 35 % v/v ethyl alcohol.

2. What Traumeel[®] S is used for

Pharmacological classification: D. 33.2. Homeopathy.

Discipline of the medicine: Homeopathy

Traumeel[®] S is indicated in injuries such as sprains, dislocations, contusions, effusions of blood and effusions into a joint, fractures; post-operative and post-traumatic oedema and swelling of the soft tissues; inflammatory processes and degenerative processes associated with inflammation on the various organs and tissues, including, in particular, on the support and mobility apparatus (tendovaginitis, styloiditis, epicondylitis, bursitis, scapulohumeral peri-arthritis); arthrosis of the hip, knee and small joints; commotio cerebri acuta.

3. Before you take Traumeel[®] S

Do not take Traumeel[®] S:

- if you are hypersensitive (allergic) to the active substance or any of the other ingredients of Traumeel[®] S, to Arnica, Chamomilla, Achillea millefolium or to other plants of the daisy (composite) family.
- As a matter of principle, Echinacea should not be used in progressive, systemic diseases such as tuberculosis, leukaemia or leukaemia-like diseases, inflammatory diseases of the connective tissue (collagen disease), autoimmune diseases, multiple sclerosis, AIDS, HIV infections or other chronic viral diseases.

Take special care with Traumeel[®] S:

Traumeel[®] S should not be administered for pain for more than 10 days for adults or 5 days for children unless directed by a medical practitioner. If pain persists or worsens, if new symptoms occur, or if redness or swelling is present, you should consult a medical practitioner because these could be signs of a serious condition.

Traumeel[®] S should not be administered to children for the pain of arthritis unless directed by a medical practitioner.

Pregnancy and Breastfeeding

If you are pregnant or breastfeeding your baby while taking this medicine, please consult your doctor, pharmacist or other healthcare professional for advice.

Important information about some of the ingredients of Traumeel-S:

Contains 35 % v/v ethyl alcohol.

Paediatric Use:

Due to its alcohol content (35 vol.-% v/v ethyl alcohol), a medical practitioner should be consulted before using Traumeel® S in children below 12 years.

Taking other medicines with Traumeel-S:

If you are taking other medicines on a regular basis, including complementary or traditional medicines, the use of Traumeel® S with these medicines may cause undesirable interactions. Please consult your doctor, pharmacist or other healthcare professional for advice.

4. How to take Traumeel-S

Do not share medicines prescribed for you with any other person.

Always take Traumeel® S exactly as your doctor has instructed you. You should check with your doctor or pharmacist if you are unsure.

The usual dose is:

Adults and Children above 11 years: 10 drops orally 3 times daily; for swelling of the soft tissues 30 drops 3 times daily. Hold in mouth 10-15 seconds before swallowing.

Infants and Children to 11 years: Due to its alcohol content (35 vol.-% v/v ethyl alcohol), a medical practitioner should be consulted before using Traumeel® S for children below 12 years.

For best results, Traumeel® S should be administered on an empty stomach.

Traumeel® S may be added to clear, non-sparkling water prior to administration.

If you take more Traumeel-S than you should:

Due to the low concentration of active ingredients in homeopathic preparations such as Traumeel® S, adverse reactions following over dosage are extremely unlikely. However, care must be taken not to exceed the recommended dosage. In the event of over dosage, consult your doctor or pharmacist. If neither is available, seek help at the nearest hospital or poison control centre.

If you forget to take Traumeel-S:

Do not take a double dose to make up for forgotten individual doses.

5. Possible side effects

Traumeel® S can have side effects.

Hypersalivation may occur after administration, in which case the product should be discontinued.

Hypersensitivity reactions or allergic skin reactions (redness, swelling and pruritus) can occur in individual cases in people with known hypersensitivity to plants of the composite family (e.g. Arnica, Chamomilla, Achillea millefolium), in which case the product should be discontinued, too. Skin rash and itching (pruritus), and in rare cases facial swelling, shortness of breath (dyspnoea), dizziness and a fall in blood pressure, have been observed after treatment with products containing Echinacea extracts.

Not all side effects reported for Traumeel® S are included in this leaflet. Should your general health worsen while taking this medicine, please consult your doctor, pharmacist or other healthcare professional for advice. If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist.

6. Storing and disposing of Traumeel-S

Keep all medicines out of the reach and sight of children.

- Store in a cool (below 25 °C) place.

7. Presentation of Traumeel-S

Bottles of 30 ml and 100 ml.

8. Identification of Traumeel-S

Light yellow solution with a light odour of alcohol.

9. Registration number / Reference number

U 5540 (Act 101/1965)

10. Name and business address of the holder of the certificate of registration

ModHomCo (Pty) Ltd

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11. Date of publication

July 2018

This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use.