

## Patient information leaflet

### Scheduling status

Schedule 0

### Proprietary name, strength and pharmaceutical form

# Engystol Tablets

### Read all of this leaflet carefully because it contains important information for you

Engystol® is available without a doctor's prescription, for you to treat a mild illness. Nevertheless, you still need to use Engystol® carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Do not share Engystol® with any other person.
- Ask your pharmacist if you need more information or advice.
- You must see a doctor if your symptoms worsen or do not improve.

### 1. What Engystol® contains

1 tabl. cont.: The active substances are: Vincetoxicum hirundinaria D6 75 mg, Vincetoxicum hirundinaria D10 75 mg, Vincetoxicum hirundinaria D30 75 mg, Sulfur D4 37,5 mg, Sulfur D10 37,5 mg.

The other ingredient is: Magnesium stearate.

Each tablet contains approx. 300 mg of lactose monohydrate.

### 2. What Engystol® is used for

Pharmacological classification: D. 33.2. Homeopathy.

Discipline of the medicine: Homeopathy

This medicine is prepared in accordance with homeopathic principles and is proposed to activate the non-specific defensive mechanism, particularly in the case of influenza and questionable virus diseases.

### 3. Before you take Engystol®

#### Do not take Engystol®:

- if you are hypersensitive (allergic) to active substances or any of the other ingredients of Engystol®.

#### Pregnancy and Breastfeeding

Homeopathic dilutions of the substances present in this medicament are not known to be toxic during pregnancy and breastfeeding. If you are pregnant or breastfeeding your baby while taking this medicine, please consult your doctor, pharmacist or other healthcare professional for advice.

#### Important information about some of the ingredients of Engystol®:

This preparation contains natural lactose. Although the quantity of lactose present is probably not sufficient to cause discomfort, a health professional should be consulted in strong cases of lactose intolerance. A temporary aggravation of the existing symptoms is possible after taking a homeopathic preparation.

#### Taking other medicines with Engystol®:

If you are taking other medicines on a regular basis, including complementary or traditional medicines, the use of Engystol® with these medicines may cause undesirable interactions.

Please consult your doctor, pharmacist or other healthcare professional for advice.

### 4. How to take Engystol®

Do not share medicines prescribed for you with any other person.

Always take Engystol® exactly as your doctor has instructed you. You should check with your doctor or pharmacist if you are unsure.

The usual dose is:

Adults and children 12 years and older: In general, 1 tablet 3 x daily.

Children 2-6 years: In general, 1 tablet 2 x daily.

The tablets should be allowed to dissolve slowly in the mouth.

Infants up to 2 years: In general, 1 tablet 1 x daily.

For children and infants, it is recommended to crush the tablet and administer it dissolved in a little water.

Do not eat or drink 15 minutes before or after taking the medication.

**If you take more Engystol® than you should:**

In the event of overdosage, consult your doctor or pharmacist. If neither is available, seek help at the nearest hospital or poison control centre.

**If you forget to take Engystol®:**

Do not take a double dose to make up for forgotten individual doses.

**5. Possible side effects**

Engystol® can have side effects.

In individual cases skin rashes may occur after use of Engystol®, in which case use of the product should be discontinued and the patient's doctor consulted.

Not all side effects reported for Engystol® are included in this leaflet. Should your general health worsen while taking this medicine, please consult your doctor, pharmacist or other healthcare professional for advice.

If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist.

**6. Storing and disposing of Engystol®**

Keep all medicines out of the reach and sight of children.

Store in a cool (below 25 °C) dry place.

**7. Presentation of Engystol®**

Containers of 50 tablets.

**8. Identification of Engystol®**

White to yellow white tablets.

**9. Registration number / Reference number**

To be allocated by the SAHPRA.

**10. Name and business address of the holder of the certificate of registration**

ModHomCo (Pty) Ltd

96 Amsterdam Street

Clubview 0157 Centurion

**11. Date of publication**

July 2018

This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use.